

BAMBU CAFÉ

TAKEAWAY MENU

Welcome to Bambu.

We cannot guarantee our products are allergen free.
Please advise us when ordering if you have food allergies, intolerances,
or any other special dietary requirements.

Revised or cancelled orders may incur an additional charge.

Credit/Debit Cards/Contactless/Cash payments all accepted.

Coffees

All coffees made with fine Italian 100% Arabica coffee. Decaffeinated available at a 20p supplement per shot

Espresso / Double	£2.20 / £2.60
Americano - Shot of espresso topped up with hot water, served black or with hot or cold milk	£2.70
Macchiato / Large - Espresso topped with steamed milk froth	£2.35 / £2.80
Cappuccino - A velvety coffee with 1/3 espresso, 1/3 steamed milk & 1/3 froth, sprinkled with chocolate	£2.90
Café Latte - A milky coffee made with espresso, lots of steamed milk and a layer of lusciously smooth foam	£2.90
Flat White - A short double shot of rich espresso, served with velvety smooth foam	£3.00
Mocha Latte - As Café Latte, with the addition of rich dark chocolate syrup	£3.45
Extra shot of espresso	£0.50
Whipped Cream, Syrups or Chocolate Flake	£0.50

** We use Cornish Semi-Skimmed milk in all our milk based drinks / plant based alternative available at 30p supplement*

Teas & Infusions All served by the pot per person

House Tea including decaffeinated served with milk or lemon	£2.00
Twining's Speciality Teas & Infusions	£2.00
Earl Grey, Green, Camomile, Peppermint - Please ask for fruit infusions	

** All our drinks are served "extra hot" unless requested otherwise*

Hot Chocolates & Other Hot Drinks

All Hot Chocolate drinks made with luxurious Green & Black's Organic Drinking Chocolate

Hot Chocolate	£3.10
Hot Chocolate with Whipped Cream	£3.30
Hot Chocolate Cream & Flake or Marshmallow	£3.75
Hot Chocolate The Works	£4.05
Horlicks	£3.10
Hot Water (per glass)	£0.50
Bovril	£3.10

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Chilled Drinks

All Minerals & Juices are served chilled and from individual cans or bottles to guarantee freshness

Chilled Cans or Cartons	£2.50
Coke Float - topped with Roskilly's Ice Cream	£3.75
Bottled Water - Cornish Sparkling or Still	£2.25
Fruit Squash - Robinsons Orange or Lemon - No Added Sugar	£1.60
A selection of regional & locally sourced fruit juices, pressés & sparkles, please ask for our current selection	from £3.10
Milk shakes - Strawberry, Raspberry, Chocolate, Vanilla or Coffee Made with Roskilly's Cornish Ice Cream & Cornish Semi-Skimmed Milk	£3.85
Glass of Cornish Semi-Skimmed Milk - Chilled / Hot	£1.90 / £2.40

Homemade Biscuits, Cakes & Scones (including some gluten free options)

Biscuits, Shortbread, Traybakes and Cakes - please view display or ask for our current selection From £2.00

Cheese, Fruit or Plain Scone with butter-served warm £2.75

Cheese Scone x 1, with Cream Cheese & Homemade Chutney (tea not included) £3.75

Scone x 1 fruit or plain, Boddington's Strawberry Jam from Mevagissey & Cornish clotted cream (tea not included) £3.60

Roskilly's Cornish Farmhouse Ice Cream

From St Keverne, near Helston - Made with Organic Jersey Milk & Cream 1 / 2 / 3 Scoops - Dessert Sauce included. Please go to our kiosk.

Oven Baked Jacket Potatoes

Lightly Oiled & Seasoned, Oven Baked & served with Cornish Farm Butter & Generous Salad Garnish

Plain, but generous with Cornish Butter	£6.00
Baked Beans or Homemade Coleslaw	£7.25
Egg Mayonnaise	£7.25
Cheese - Davidstow Mature Cheddar	£7.25
Cheese & Baked Beans	£8.25
Cream Cheese	£7.25
Cream Cheese & Baked Beans	£8.25
Chicken in Mayonnaise*	£7.90
Chicken in Curried Mayonnaise*	£7.90
Home Cooked Ham	£7.50
Home Cooked Ham & Mature Cheddar Cheese	£8.00
Trevarthen's Gammon Ham - Cooked, Glazed & Hand Carved on the premises	
Prawns in Marie Rose Sauce or Mayonnaise, or plain	£8.15
Smoked Salmon or Smoked Salmon & Cream Cheese	£8.40
Tuna Mayonnaise	£7.50
Tuna Mayonnaise & Mature Cheddar Cheese	£8.00
Extra Fillings	each £0.90
Coleslaw, Cheese, Egg, Tuna Mayonnaise, Home Cooked Ham	
Toppings - Cucumber, Cress, Tomato, Pineapple, Sweetcorn, Sweet Pickle or Homemade Chutney, Onion	each £0.50

Salads

House Salad Bowl	£7.50
Lettuce, cucumber, tomato, and our homemade combination salads of Coleslaw, Potato Salad & 'Daily Special Salad'	
Ham	£10.25
Trevarthen's Gammon Ham-cooked and hand carved on the premises	
Cheese - Davidstow Mature Cheddar and / or Brie	£10.25
Chicken* - Plain, Mayonnaise or Curried Mayonnaise	£10.25
Prawns in Marie Rose Sauce or Mayonnaise, or plain	£10.50
Smoked Salmon or Smoked Salmon & Cream Cheese	£10.95
Fresh Cornish Crab* Salad	
4 oz / 113g of fresh hand-picked Cornish white crab meat. Served plain, with Mayonnaise or Lemon Mayonnaise. Please see our blackboard. Subject to availability & market price.	

All our salads include a combination of fresh salad leaves, cucumber, tomato, homemade coleslaw and potato salad plus our 'Daily Special Salad'

Freshly Made Sandwiches / Toasted Sandwiches

Made to order with daily fresh, local baker's bread and served with generous salad garnish. Gluten free bread at 50p supplement

	Sandwich Toasted	
Bacon	£5.50	£6.00
All our Bacon Sandwiches are filled with R J Trevarthen's un-smoked Local Back Bacon		
BLT - Bacon, Lettuce, Tomato & Mayonnaise	£6.50	£7.00
BTC	£6.50	£7.00
Bacon, Tomato & Davidstow Mature Cheddar Cheese		
BBC - Bacon, Cornish Brie & Cranberry Sauce	£6.50	£7.00
Bambu Club	£10.00	£10.00
Triple Decker with Bacon, Chicken*, Lettuce, Tomato & Mayonnaise		
Cheese	£5.50	£6.00
Davidstow Mature Cheddar from Davidstow, near Camelford		
Chicken in Mayonnaise*	£6.50	£7.00
Chicken in Curried Mayonnaise*	£6.50	£7.00
Crab* 4 oz / 113g of fresh hand-picked Cornish white crab meat. Served plain, with Mayonnaise or Lemon Mayonnaise. Please see our blackboard. Subject to availability & market price.		
Egg Mayonnaise	£5.50	N/A
Cornish Free Range		
Fried Cornish Free Range Egg (2)	£5.85	£6.35
Goat's Cheese	£6.50	£7.00
Soft Goat's Cheese, Homemade Red Onion Marmalade & Rocket		
Ham	£5.50	£6.00
Trevarthen's Gammon Ham - Cooked, Glazed & Hand Carved on the premises		
Ham & Cheese	£6.30	£6.80
Our home cooked Ham & Davidstow Mature Cheddar Cheese		
Hawaiian	£6.50	£7.00
Home Cooked Ham, Davidstow Mature Cheddar, Pineapple & Mayonnaise		
Prawns in Marie Rose Sauce or Mayonnaise, or served plain	£8.00	N/A
Salad	£5.50	N/A
Our Homemade Coleslaw, Lettuce Tomato & Cucumber		
Sausage - R J Trevarthen's Local Pork Sausages	£5.85	£6.35
Smoked Salmon or Smoked Salmon & Cream Cheese	£8.50	N/A
Smoked Salmon, Rocket and Horseradish	£8.50	N/A
Tuna Mayonnaise	£6.15	£6.65
Tuna Mayonnaise & Mature Cheddar Cheese	£7.00	£7.50
Toppings	each £0.50	£0.50
Coleslaw, Cucumber, Cress, Tomato, Pineapple, Sweetcorn, Sweet Pickle or Homemade Chutney, Onion		

Homemade Soup

Please see our black boards or ask a member of staff for today's selection. Gluten free bread at 50p supplement

Homemade Soup with roll & butter	£6.25
our own Garlic Ciabatta	£7.25

A generous bowl of our homemade soup, served piping hot, with warm White or Cereal Bread Roll, or our own Garlic Ciabatta

***May contain small bones or trace of shell**

Please note: Our café prepares and serves products that contain peanuts, tree nuts, fish, shellfish, eggs, milk, soy and gluten. Regular kitchen operations involve shared cooking and preparation areas, and food variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, and/or preparation at the restaurant. For these reasons, we cannot guarantee that any menu item will be completely free of allergens.